

Kontra med March

(Stevning [Sønderjylland], Denmark)

This dance is from Stevning in the Sønderjylland region of Denmark.

Pronunciation: kahn-trah mehd MAHRCH Translation: Dance with March

Music: 2/4, 4/4 and 3/8 meter *Liflig Sang CD 1, Track #10*

Formation: 4-couple square set; inside hands in W-position.

Steps & Styling: Walking step; Step-hop; Waltz; Grand Chain.

Meas 2/4, 4/4 and 3/8 meter

Pattern

INTRODUCTION. No action.

2/4 I. CIRCLES.

1-8 All join hands in W-pos and circle CW with Step-hops.

9-16 Circle CCW back to place.

4/4 II. RIGHT AND LEFT ELBOW CHAIN.

1-8 Cpls 1 and 2 R and L elbow chain hooking R elbows with opp, then L starting with ptr (8 walking steps, 4 changes, 1 per meas).

9-16 Cpls 3 and 4 repeat meas 1-8.

III. LEADING IN AND CHANGING PLACES, SLOW MARCH.

1-8 Cpls 1 and 2 take 2 slow walking steps (1 per meas) twd ctr; ¼ turn and lead opp person fwd to side place (2 meas); ½ turn facing each other and walk back to ctr (2 meas); lead ptr fwd to place (2 meas).

Simultaneously Cpls 3 and 4 release hands and M walk 4 steps diag L, W diag R to vacated (head) places (2 meas); greet your opp (step-close sdwd to outside and bow or curtsy) (2 meas); turn and dance back the same way (2 meas); greet your ptr (2 meas).

9-16 Repeat meas 1-8 with opp roles (Cpls 3 and 4 lead to ctr, Cpls 1 and 2 walk diag).

3/8 IV. GRAND CHAIN AND FAST WALTZ.

1-8 Grand Chain with 8 Step-hops to opp place.

9-16 In Ballroom pos, Waltz CCW back to orig place.

Sequence: Repeat dance from the beginning. The following variations can be substituted in Fig I. Variations are called.

W one-hand star CW and CCW

W circle of 4 CW and CCW

W two-hand star CW and CCW

M one-hand star CW and CCW

M circle of 4 CW and CCW

M two-hand star CW and CCW

End with orig Fig I (large circle).

Presented by Wolfgang Schlüter

